



PRESIDENT'S MESSAGE

Pacific Coast Amateur Hockey Association (PCAHA) is the BC Hockey District Association for the Lower Mainland and is responsible for organizing and administering minor hockey leagues and programs in the district. PCAHA membership includes 42 Minor Hockey Associations and two above-minor leagues and covers the area from Hope to Sunshine Coast and from Seattle to Whistler.

PCAHA activities take place within the unceded and traditional territories of the Indigenous peoples of our region. PCAHA honours the traditional lands and homelands of all Indigenous peoples and communities across Canada, including First Nations, Inuit, and Métis.

PCAHA registration during the 2022-2023 season included 17,930 players aged 4 to 20 playing on 1,147 registered teams; 7,000 coaches and bench staff; and 2,000 referees.

The PCAHA Constitution, By-Laws, Rules and Regulations provide the framework for competition, communication, and development within the PCAHA, and have been discussed and approved by the PCAHA's member Associations and Leagues at past Annual General Meetings. The 2023-2024 Rulebook includes amendments approved at the 82nd PCAHA Annual General Meeting, held Sunday, May 28, 2023, at Surrey, B.C.

If you have any questions about the Rules and Regulations, please contact your Association Executive members. If they are unable to help, they will be able to refer you to a PCAHA representative who can answer your questions. These are your Rules and Regulations and it is up to you to be aware of them and abide by them.

PCAHA's mission statement stresses sportsmanship, fair competition, development and safety for hockey players of all skill levels. PCAHA member Associations have been and will continue to be leaders in all these facets of the game.

Hockey is for the kids and a positive environment keeps it fun for all. Respect for and among all participants in the game, including players, coaches, referees, volunteers, and fans is essential. Team officials and other leaders must take responsibility to ensure unfair and unsportsmanlike behaviour is eliminated.

PCAHA is committed to Long Term Athlete Development and the Hockey Canada Pathways approach. At the recent PCAHA AGM, the PCAHA membership recommitted to following Hockey Canada's U7 and U9 Pathways and restructured U9 and below to better align with the Pathways. U7 and U9 hockey serves as the foundation upon which the entire hockey experience is constructed. New players deserve a fun and exciting start to their involvement in hockey in an environment which develops basic skills and builds confidence.

In closing, I would like to thank all the volunteers involved in providing Minor Hockey for our players, whether at the team, Association, or league level. Your dedication and commitment is very much appreciated!

MELANIE EARLAND
PCAHA President